



Annex: Suggested Packing List for 2026 Sec One Cohort Camp

Items	Qty	Remarks	Packed?
School / plain T-shirt	4	<u>Not</u> including the T-shirt, shorts, undergarments, and socks worn to school on reporting day	
School / dark-coloured shorts	4		
Undergarments	4		
Socks	4		
Shoes	1		
Small towel, school PE attire, undergarments, socks, plastic bag	2 sets	To towel dry and change out after water activities; pack in a Ziploc bag	
Long / track pants	1	For high elements	
Water / spare covered shoes	1	For water activity	
Slippers / sandals	1	For shower and washing up only	
Cap / hat	1	For sun protection during outdoor activities	
Toothbrush and toothpaste	1		
Soap, shampoo, and bath towel	1		
Toilet roll	1		
Hand sanitizer	1		
<u>Reusable</u> fork and spoon	1	Put inside Ziploc bag with name	
Sleeping bag / blanket / bed sheet	1		
Sweater / jacket	1	<i>Optional</i>	
<i>Compulsory Items</i>			
Pen	1		
<u>Non-disposable</u> water bottle (min. 1 litre)	2	Including 1 spare bottle	
Insect repellent and sunblock	1		
Poncho / raincoat	1		
Haversack / backpack / sports bag	1	For keeping personal belongings; no trolley bag or sling bag allowed	
Day pack	1	Small bag to carry water bottle and poncho / raincoat / extra clothes for wet activity	
Plastic / Ziploc bags	5	For soiled clothing	
Spectacle band / retainer	1	If necessary	
Thermometer	1	Must be in working condition	
Personal medication (inhaler, plaster, etc.)	-	As necessary—to always inform teacher before using	

Note: As this is an outdoor adventure camp and your child/ward will be busy at different activity stations, they are not to bring valuable or expensive items (e.g., money, laptop, gadgets). They should also refrain from wearing any accessory on the body (e.g., jewelry, earrings, rings, studs, chains, bracelets). These accessories are considered hard objects and for safety reasons, must be removed for high elements. Any student with any hard object on the body that cannot be removed will not be allowed to participate in high elements